

Accepted Over-the-Counter Items*

Antiseptics

Antiseptic wash/ointment for cuts, scrapes
Benzocaine swabs
Boric acid powder
First aid wipes
Hydrogen peroxide
Iodine tincture
Rubbing alcohol
Sublimed sulfur powder

Asthma Medications

Bronchodilator/Expectorant tablets
Bronchial asthma inhalers

Cold, Flu and Allergy Medications

Allergy medications
Cold relief syrup
Cold relief tablets
Cough drops
Cough syrup
Flu relief tablets or liquid
Medicated chest rub
Nasal decongestant inhaler
Nasal decongestant spray or drops
Nasal strips to improve congestion
Sinus & allergy homeopathic nasal spray
Sinus medications
Vapor patch cough suppressant

Diabetes

Diabetic lancets
Diabetic supplies
Diabetic test strips
Glucose meters

Ear/Eye Care

Airplane ear protection
Ear drops for swimmer
Ear water-drying aid
Ear wax removal drugs
Homeopathic earache tablets
Contact lens solutions

Health Aids

Antifungal treatments
Denture adhesives
Diuretics and water pills
Hemorrhoid relief
Incontinence supplies
Lice control
Medicated bandages
Respiratory stimulant ammonia
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion and blister treatments
Itch relief
Orajel
Pain relievers - aspirin and non-aspirin
Throat pain medications

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Acne medication
Anti-itch lotion
Bunion and blister treatments
Cold sore/fever blister medications
Corn/callus removal medications
Diaper rash ointment
Eczema cream
Medicated bath products
Wart removal medications

Stomach Care

Acid reducers
Antacid gum
Antacid liquid
Antacid tablets
Anti-diarrhea medications
Gas prevention food enzyme dietary supplement
Gas drops for infants, children
Ipecac syrup
Laxatives
Pinworm treatment
Prilosec
Upset stomach medications

Not Acceptable*

Aromatherapy	Fragrances
Baby bottles and cups	Hair regrowth systems
Baby oil	Low "carb" foods
Baby wipes	Low calorie foods
Breast enhancement system	Oral care
Cosmetics	Petroleum jelly
Cotton swabs	Shampoo and conditioner
Dental floss	Skin care
Deodorants	Spa salts
Facial care	Sun tanning products
Feminine care	Tooth brushes

Dual Use - Requires Doctor's Letter*

Adhesive or elastic bandages	Multivitamins
Blood pressure meter	Saline nose drops
Cold or hot compresses	Special supplements
Eye drops	Special teeth cleaning systems
Foot spa	Thermometers
Gauze and tape	Vitamins
Gloves and masks	
Herbs	
Leg or arm braces	
Massagers	
Minerals	

* Plan restrictions may apply. Check with your plan administrator.